

Literacy in the Kitchen



Did you know that cooking with your child can help make them a stronger reader and writer?

The bigger their vocabulary, the more they will understand what they read. Talk to your child as you cook together and share all the special words you use! Here are some examples:

How We Measure

- Teaspoon
- Tablespoon
- Degree
- Pint
- Quart
- Half gallon
- Ounces
- Pounds

Tools We Use

- Colander
- Jug
- Spatula
- Cupboard
- Ladle
- Whisk
- Can opener

Ways We Cook

- Scrape
- Steam
- Grate
- Scrub
- Spread
- Drain
- Pour
- Boil
- Fry
- Refrigerate
- Knead